The walk was 7miles in length and began at Hampstead Underground station. We walked down Flask Lane and Well Walk to Hampstead Heath which we crossed to reach the Highgate source of the Fleet at the Highgate Ponds. The route passed through Dartmouth Park an area developed during the Victorian era for the professional classes. We got a glimpse of the Fleet where it passed over the Overground railway in a cast iron pipe at Ingestre road. We passed on down to the Regents canal at Camden Town where we made a detour along the canal towpath to Granary Square near Kings Cross for lunch at one of the many bars and eating places.

After lunch we continued down the Kings Cross Road past the site of the fish and chip shop patronised by Lenin during his stay in London in the early part of the 20th Century and then along the side of the former Cubitts yard and through Clerkenwell to see the original "Clerks Well". The route then took us down the Farringdon Road under Holborn Viaduct to the Fleet outlet under Blackfriars Bridge.

The weather was excellent and 27 walkers took part.

Thanks to Graham Bessant for leading the walk, and providing an interesting commentary and notes. Thanks also everybody who joined us.

Tony Barber









